



SNAP-ED IS LOOKING FOR **CHAMPIONS OF CHANGE**

- Discover how SNAP-Ed addresses food insecurity, hunger, and improves nutrition with SNAP populations in your community
- Learn about becoming a role model and Champion for Change to promote health and prevent food insecurity in your community
- Learn how to Eat Healthy on a Budget with our Tompkins County Nutrition Educator

Let's build a healthier community together!

Join us by Zoom July 15th @12pm

Email Katie Weigle at knw38@cornell.edu or call 607-664-2303
for more information about this FREE training

SNAP-ED IS FUNDED BY USDA'S SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM OR SNAP. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER