

**AMENDMENT #1  
TO THE  
GREATER TOMPKINS COUNTY MUNICIPAL HEALTH INSURANCE CONSORTIUM  
BLUE TRADITIONAL OPTIONS 1 & 2  
BENEFIT BOOKLET**

Greater Tompkins County Municipal Health Insurance Consortium (“GTCMHIC”) desires to amend the Blue Traditional Options 1 & 2 Benefit Booklet (“Booklet”) to reflect certain changes under New York state law that are applicable in 2025. As such, effective as of January 1, 2025, the Booklet is amended in the following respects:

**Section IX.  
Outpatient and Professional Services**

1. **Outpatient and Professional Services Section.** The following paragraph is added to Maternity and Newborn Care:

The Plan also Covers the outpatient use of pasteurized donor human milk, which may include fortifiers as Medically Necessary, for which a Health Care Professional has issued an order for an infant who is medically or physically unable to receive maternal breast milk, participate in breast feeding, or whose mother is medically or physically unable to produce maternal breast milk at all or in sufficient quantities or participate in breast feeding despite optimal lactation support. Such infant must have a documented birth weight of less than one thousand five hundred grams, or a congenital or acquired condition that places the infant at a high risk for development of necrotizing enterocolitis.

**Section XII.  
Mental Health Care and Substance Use Services**

2. **Mental Health Care and Substance Use Services.** The Mental Health Care – Outpatient Services item is replaced with the following:
  - B. **Outpatient Services.** The Plan Covers outpatient mental health care services, including but not limited to partial hospitalization program services and intensive outpatient program services, relating to the diagnosis and treatment of mental health conditions. Coverage for outpatient services for mental health care includes Facilities that have been issued an operating certificate pursuant to New York Mental Hygiene Law Article 31 or are operated by the New York State Office of Mental Health, and crisis stabilization centers licensed pursuant to New York Mental Hygiene Law section 36.01 and, in other states, to similarly licensed or certified Facilities; and services provided by a licensed psychiatrist or psychologist; a licensed clinical social worker; a licensed nurse practitioner; a licensed mental health counselor; a licensed

marriage and family therapist; a licensed psychoanalyst; or a professional corporation or a university faculty practice corporation thereof. In the absence of a similarly licensed or certified Facility, the Facility must be accredited by the Joint Commission on Accreditation of Health Care Organizations or a national accreditation organization recognized by the Plan. The Plan Covers comprehensive neuropsychological examinations for dyslexia when performed by a Health Care Professional. Outpatient services also include nutritional counseling to treat a mental health condition.

Outpatient mental health care services also include outpatient care provided at a preschool, elementary, or secondary school by a school-based mental health clinic licensed pursuant to Mental Hygiene Law Article 31, regardless of whether the school-based mental health clinic is a Participating Provider. The Plan will pay a Non-Participating Provider the amount it has negotiated with the Non-Participating Provider for the outpatient mental health care services. In the absence of a negotiated rate, the Plan will pay an amount no less than the rate that would be paid under the Medicaid program. However, the negotiated amount or the amount paid under the Medicaid program will not exceed the Non-Participating Provider's charge. The school-based mental health clinic shall not seek reimbursement from You for outpatient services provided at a school-based mental health clinic except for Your in-network Cost-Sharing.

This amendment is hereby adopted by GTCMHIC as of the effective date set forth above.

**GREATER TOMPKINS COUNTY MUNICIPAL  
HEALTH INSURANCE CONSORTIUM**

  
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Signature

Rordan Hart  
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Printed Name

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GTCMHIC Chairperson

3/3/2025  
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Dated