



Greater Tompkins County Municipal Health Insurance Consortium

P.O. Box 7 • Ithaca, New York 14851 • (607) 274-5590

Headquarters: 215 N. Tioga Street, Ithaca, NY 14850

www.healthconsortium.net • consortium@tompkins-co.org

"Individually and collectively we invest in realizing high quality, affordable, dependable health insurance."

MINUTES – DRAFT

Greater Tompkins County Municipal Health Insurance Consortium Joint Committee on Plan Structure and Design

May 4, 2023 – 1:30 p.m.

Tompkins County Health Department – Rice Room

Satellite Locations:

Tompkins Cortland Community College, 170 North Street, Dryden, NY 13053 (D)

Present:

Municipal Representatives: 24 members

Mary Ellen Albrecht*, Town of Lansing; Janine Bond, Town of Hector; Judy Drake*, Town of Ithaca; Tim Elliott*, Town of Marathon; Schelley Michell-Nunn* (*excused 3:25p*), City of Ithaca; Amanda Anderson*, Town of Dryden; Angela Conger*, Village of Groton; Sarah Thomas, Tompkins County; Laura Shawley, Town of Danby (*excused 2:22p*); Eric Snow*, Town of Virgil; Michael Allinger, Town of Newfield; Jessica Molter*, Village of Horseheads; Donna Dawson* (*excused 3:01p*), Village of Horseheads; Carissa Parlato*, Town of Ulysses; David Corey*, Town of Montezuma; Laura Granger, Seneca County

Municipal Representatives via Proxy: 3 members

Lou Anne Randall, Town of Cuyler (Proxy – Judy Drake); Alex Patterson (Proxy- Michael Ogburn) Laurie Walter, Village of Skaneateles (Proxy- Kimberly Burt)

Union Representatives: 12 members

Jeanne Grace*, City of Ithaca Executive Unit; Ian Tompkins*, City of Ithaca DPW Unit; Zack Nelson, City of Ithaca Admin. Unit; Kate DeVoe*, TCPL Professional Unit, Joint Committee Chair; Elizabeth Hujar, TCPL Staff Unit; Jonathan Walz-Koeppel (D), TC3 Professional Admin. Assoc. Unit; Brian Weinstein*, Ithaca City Fire Chief Officers Unit - Ithaca Professional Fire Fighters Association (IPFFA) International Association of Fire Fighters (IAFF) Local –738, Nathonn Bates, Tompkins County CSEA 855 Unit 890001

Union Representatives via Proxy: 1 member

Jason Thayer, TC3 (Proxy – (Melinda Russell) (D)

Others in attendance:

Elin Dowd*, Executive Director; Kylie Rodrigues*, Benefits Specialist; Teri Apalovich*, Finance Manager; Robert Spenard, Paul Pelton, Locey & Cahill; Sunday Earle, TC3 (D); Morgan Randazzo*, David Mastrangelo*, Taylor Mishlanie, ProAct; Brandon Holt, Jason Warchal, Kelli Lasher, Dr. Stephen Cohen, Jennifer Delia, Excellus BCBS, Elizabeth Buckley, Village of Union Springs

* In-person attendance

Call to Order

Ms. DeVoe, Joint Committee Chair, called the meeting to order at 1:33 p.m.

Changes to the Agenda

There were no changes to the agenda.

Approval of February 2, 2023 Minutes

Approval of the February 2, 2023, minutes was deferred until the next Joint Committee meeting as attendance did not reach a full quorum.

Board of Directors Chair/Executive Committee Chairs Report

Mr. Hart was excused from this meeting.

ProAct 2022 Utilization Review

The ProAct Team consisting of Ms. Randazzo, Mr. Mastrangelo, and Ms. Mishlanie presented a 27-page Utilization Review. (Click below for viewing)



PLAN REVIEW

PHARMACY BENEFIT PERFORMANCE



Start Date: 1/1/2022 - End Date: 12/31/2022



Excellus 2022 Utilization Review

The Excellus Team consisting of Mr. Holt, Mr. Warchal, Ms. Lasher, Dr. Cohen, and Ms. Delia presented a 24-page Utilization Review. (Click below for viewing)

Health Plan Management Report

Greater Tompkins Consortium

Union Industry Comparison
Incurred between January 1, 2022 and December 31, 2022, paid through March 31, 2023



Confidential and Proprietary
Information

Executive Directors Report

Ms. Dowd referenced her Executive Director report for March 2023. She encouraged the Committee to review her information on the changes that are coming about. This report covers changes to benefits in the areas of ground ambulance, COVID-19, behavioral health, and frozen formulas.

Ms. Dowd also said that one important aspect coming from the Consortium's recent Department of Financial Service (DFS) audit is that they are recommending the Consortium fill labor seats on the Board of Directors. Ms. Dowd said that there are currently two seats empty. She said that the Consortium has shared recruit attempts with DFS by sharing meeting minutes and Newsletter articles where the Consortium asks for volunteers to serve. She stressed to the Committee members that the Consortium must fill those seats to be in compliance with the Consortium's Municipal Cooperative Agreement (MCA) and asked for members to volunteer

today. Ms. DeVoe explained that the role commitment entails only an educational meeting in August and the Board of Director's meeting in September.

Wellness

Ms. Rodrigues reported on the following wellness programs conducted by the Consortium:

Mental Health Awareness Month

May is Mental Health Awareness Month. The Consortium is currently holding a program called "Cultivating Healthy Space". Each of the 55 participants were delivered a plant to have at their office and will be sent information about their plant, a healthy work environment, and promoting mental health.

Classes from Excellus

Classes will be held in June, July, and August by Excellus to educate the Consortium's members about different tools that are available such as finding a doctor on their website, telemedicine available on the mobile application. This will be a highly informative class and Ms. Rodrigues encouraged to have employees attend.

June Hiking Challenge This was very popular last year. Our hiking challenge encourages members to simply just get outside for a hike or walk to enjoy nature. To participate, a member will be asked to send photos of your hike or walk. Members who participate will be entered to win a New York State Empire Pass.

Financial Update

Mr. Spenard referred to the condensed version of the monthly Budget Performance Report as of March 31, 2023. He discussed some key facts to include:

- The Consortium medical and RX premiums are below budget through the first three months by about \$31,000.
- Interest income is still slightly below our budgeted number.
- The Consortium is 2% above prescription drug rebates.
- Stop Loss - No members have exceeded above the 1-million-dollar deductible in the first three months.
- Paid claims are still below budget by 2.9%.
- Claim administration fees are below budget. This is due to the Consortium budgeting for a lower deductible but includes a higher premium number.
- Expenses are 4.3% below budget.
- Overall Consortium net income is \$214,000.

Next Agenda Topics

Actuarial Value Calculator
Possible plan changes

Adjournment

The meeting adjourned at 3:27 p.m.

Next Meeting August 3, 2023

Respectfully submitted by Lynne M. Sheldon/Clerk of the Board