

Staying Connected Challenge



All activities and submissions will be eligible for a prize. Each answered questions earns you an entry to win.

1 Visit our website: www.healthconsortium.net and tell us which of the top five tabs contains Wellness.

2 What is the ProAct website? (hint* check your insurance card.)

3 Log in or create an online Excellus account via online or the mobile app. www.excellusbcbs.com, Check the box once completed.

4 Register for an [MDLive Account](#). Check the box once completed.

5 Like our Facebook Page: [GTC Municipal Health Insurance Consortium](#). Check the box once completed.

6 Sign up to receive our digital, quarterly newsletter by going [here](#) (www.healthconsortium.net then Consortium Newsletter tab) Check the box once completed.

Prizes include: \$50 Wegman's gift card, \$50 Target gift card, or \$50 Rasa Spa gift card

Enter Full Name and Municipality below.

Submit the completed form to hcwellness@tompkins-co.org by September 1st to entered into the prize drawing.